

OUT
OF THE

B

-

K

E

S

I

E

D

S

*The Newsletter for
Headteachers/PSHE and
Citizenship Co-ordinators/
Health Professionals/
Children's Centres/
Professionals who work with
children and young people*



April 2010 No 43

Gloucestershire Schools in the vanguard of Healthy Schools Plus

South West Healthy Schools Plus has given local schools the opportunity to build upon their strong track record, and provide more targeted support to children and young people on a range of key health challenges - such as obesity, smoking and substance misuse, teenage pregnancy and emotional health and wellbeing.

As part of their work with South West Healthy Schools Plus, schools have been encouraged to work in closer partnership with parents and carers, other local schools, and alongside local health and family services, to help achieve common goals

Congratulations go to the following schools who have achieved Healthy Schools Plus Status:

- Alderman Knight School
- Battledown Centre for Children and Families
- Beaufort Community School
- Belmont School
- Berry Hill Primary School
- Chesterton Primary School
- Coln House School
- Ellwood Primary School
- Fairford C of E Primary School
- Gastrells Community Primary School
- Grange Primary School
- Harewood Junior School
- Heart of the Forest Community School
- Newent Community School
- Northway Infant School
- Parliament Primary School
- Pittville School
- Rowanfield Junior School
- Severnbanks Primary School
- Sir William Romney's School
- St John's C of E Primary School (Cheltenham)
- Stroud Valley Primary School
- Tewkesbury School
- The Shrubberies School
- The Whitminster Centre
- Tredington Primary School
- Tuffley Primary School
- Whiteshill Primary School
- Wyedean School

Schools that are not eligible to take part in South West Healthy Schools Plus can still progress by taking part in the new Healthy Schools enhancement model instead, see further information is available on page 10.

Gloucestershire in Top Three for Personal Finance Education

Centre of Excellence

Congratulations to all! Gloucestershire has become one of the first recipients of the pfe Centre of Excellence accreditation for financial capability. This is an award that recognises the work done across the county to support the development of the financial capability of young people. All schools in Gloucestershire have registered with pfe; aspects of financial capability have been offered at workshops at the Health & Wellbeing summer conference; and various schools and groups across the county have been involved in developing accredited resources. The award also recognises the work of other agencies across the county including Connexions and Debt Cred, including partnership working which produced the classroom resource 'The Price of Parenting', every secondary school in the county should now have one of these.

MyMoneyWeek

For the second year running, a national "My Money Week" is planned for the week 28th June – 4th July. (www.mymoneyonline.org). Watch out for information about competitions and activity packs being sent out to schools shortly. "Wealthy Living", a ½ - 1 day activity for KS4 has been developed by Newent School and was used successfully by Severn Vale during My Money Week in 2009. Training (with supply cost) for "Wealthy Living" will take place on Monday 17th May at Thomas Keble School. For more information on resource packs contact Valerie Udale (Valerie.udale@axispartners.co.uk)

Support and resources

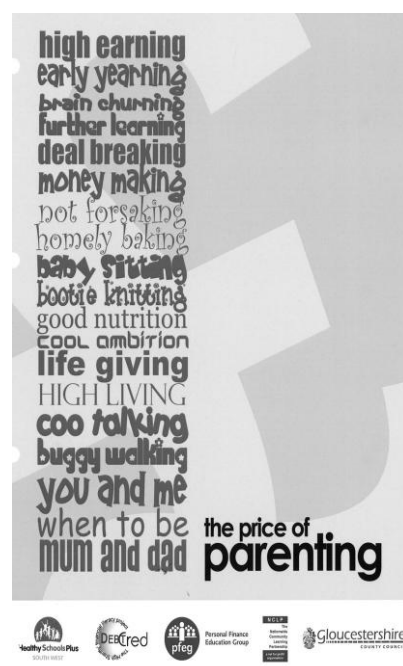
Vanessa Bailey (Vanessa.bailey@pfeg.org) of pfe is now responsible for delivering support to schools in Gloucestershire. There is an opportunity for schools to have some additional support from Vanessa this year. This applies whether you have used pfe to help you develop personal finance education in the past or not.

In addition to the locally developed resources, Counting the Cost, and Price of Parenting, which have been distributed to secondary schools; there are a number of new resources from pfe including My Money Handbooks for PSHE, Citizenship and Maths, and MoneyWorlds, a CD-ROM which includes video clips of various young people talking about their values and perceptions of money.

Other useful resources which have been updated recently can be found at <http://www.nationwideeducation.co.uk/>

Guidance on Financial Capability

Personal finance is part of the PSHE curriculum. In case you missed it, the updated guidance from DCSF published at the end of 2008 can be downloaded from Teachernet. The main learning outcomes are summarised in the box below.



Summer Conferences will soon be here again.....

Annual Primary PSHE Conference

Confident Individuals, Responsible Citizens, Successful Learners

24th June 2010
9.00 – 3.30
The Hucclecote Centre

The purpose of this year's conference is to explore the central role that PSHE continues to play in helping schools to meet the key curriculum aims of enabling children to become confident individuals, responsible citizens and successful learners.

We are delighted to be able to welcome **Nick Boddington** from the National PSHE Association as our keynote speaker. During the day, we will also consider the central place PSHE has within the new OFSTED framework; and **Pete Kirby** from Life Education UK will be asking how PSHE subject leaders can inspire their staff to take up the challenge. There will also be a range of workshops on offer.

Details will be arriving in your school shortly or email lorna.turner@gloucestershire.gov.uk for a booking form.

Annual Secondary Wellbeing Conference

Wellbeing for Learning, Learning for Wellbeing

9th July 2010
9.00 – 3.30
The Hucclecote Centre

Key note speakers:

Nick Boddington; National Subject Lead for PSHE; 'Outstanding PSHE'

Dr Paul Howard-Jones; Bristol Neuroscience Graduate School of Education; 'Teaching the teenage brain'

Workshops to include:

'Teaching the teenage brain', 'Student voice and the PSHE curriculum', 'Let's party', 'Assessing PSHE'

Market Place: An exciting array of local and national providers to help plan your PSHE curriculum for 2010-2011. Don't forget your diary!!

Details will be arriving in your school shortly or email lindsay.fairley@gloucestershire.co.uk for a booking form.

Children, Schools & Families Bill

You may have read in the press during the Easter break that amendments were made to the Children, Schools & Families bill in order for some elements of the bill to be passed into law before parliament was dissolved.

The following summary is available from www.dcsf.gov.uk/news

The provisions that remain cover:

- Special Educational Needs (SEN) – requiring school inspectors to report explicitly on provision for pupils with special educational needs and disabilities, and giving parents a new right to appeal if their child's special educational needs statement is not amended at annual review.
- Alternative Provision – local authorities will be required to provide full-time education for children and young people who for medical, social or emotional reasons, or because they are waiting for a place in a maintained school, are not in school but in alternative provision.
- Powers of Governing Bodies – giving school governing bodies greater powers on how they use their budgets, and the power to set up new schools and academies.
- Local Safeguarding Children Boards – new provisions will be introduced to ensure effective information sharing and strengthen the evaluation of Serious Case Reviews (SCRs) to improve safeguarding arrangements.
- Family Courts – provisions to build public confidence in family courts through allowing greater media reporting of proceedings.
- Amendment to Apprentices, Skills, Children and Learning Act – on the role of the Local Government Ombudsman.

However, some key provisions have been taken out because no agreement could be reached between the Government and opposition parties. These provisions covered the following policy areas:

- The Pupil and Parent Guarantees – which guarantee core rights and entitlements for pupils and parents, including catch-up lessons, 1-2-1 tuition and small group support for pupils needing extra support.
- Home School Agreements – the Bill strengthens Home School Agreements, making them more personalised for each pupil, and new and stronger powers to enforce parents' responsibilities in supporting the school in maintaining good behaviour including the possibility of a court-imposed parenting order.
- Reform of the primary curriculum – the reforms to the primary curriculum, following Sir Jim Rose's extensive expert review, provide greater flexibility for schools to tailor teaching to the needs and interests of their children while also focusing on the basics of literacy, numeracy and ICT.
- Introduction of compulsory Personal Social Health and Economic (PSHE) education – the PSHE provisions ensure that all children receive at least one year of compulsory sex and relationship education (SRE) by making PSHE compulsory, and lowering the age at which parents can withdraw their children from PSHE from 19 to 15 years old. Legal advice to the Secretary of State was that increasing the age of the PSHE opt-out to 16 would have made the bill non-compliant with the ECHR.
- The new Licence to Practise for teachers – this licence, accompanied by a contractual entitlement to continuing professional development, will establish the professional standing of the workforce and provide teachers with the status they deserve.
- Registration and monitoring of home education – following Graham Badman's independent report into home education, these provisions put in place a valuable tool for local authorities in their work to safeguard all children.
- School Improvement Partners (SIPs) – the powers of SIPs will be updated so headteachers receive peer support, and challenge.
- Data for the school report card – the new school report card gives fairer and more accurate accountability for schools and gives parents even more information about the schools their children attend.
- Schools eligible for intervention and schools causing concern – the Bill strengthens local authority powers to intervene in schools causing concern, and more powers for the Secretary of State to intervene where improvement is not good enough.
- Youth Offending Teams – the Bill gives powers for the Secretary of State to intervene where an inspection or other evidence reveals a significant failing in a Youth Offending Team (YOT) which may be putting young people or the wider community at risk.
- Parental satisfaction surveys – this duty on local authorities would require them proactively to seek parents' views on the range and quality of secondary school places in their area and then act on their responses.

Please contact Jan Courtney on 01452 427354 or email jan.courtney@gloucestershire.gov.uk for further discussion

Latest on Sex and Relationships Education

For secondary schools that have not completed the SRE support survey please visit <http://glossurvey.d2digital.co.uk/>

Same link is also used for the new Teenage Pregnancy Strategy Beyond 2000 document.

Please don't hesitate to contact me for any support ☺

Liam.kernan@gloucestershire.gov.uk

Liam Kernan

Lead for Sex & Relationships Education
Gloucestershire Children & Young People's Health & Wellbeing Team
tel: 01452 427197
mob: 07786278119
fax: 01452 427292

By the way – everyone who works with children is entitled to participate in Relationships & Sex Education Training (ReSET) organised by the Youth Service. Contact Sherryl Welton on 07717 690412 or sherryl.welton@gloucestershire.gov.uk for more information.

Forced Marriage, Honour Based Violence and Female Genital Mutilation

A conference was held at Waterwells the headquarters for Gloucestershire Police on March the 11th. The conference was well attended by delegates from many agencies including the police, health professionals, voluntary sector and some from education. Whilst the subject matter is difficult to say the least it was presented in a sensitive manner and highlighted some very important issues that need addressing.

The health and well-being team will be collaborating with the safeguarding board as well as other professionals with experience in this area to deliver a conference specifically for schools and school staff. A number of resources have been produced including lesson plans that enable teachers and support staff in schools to discuss domestic abuse in its widest sense. This fits with government recommendations that all young people should learn about various forms of abuse and whilst many schools are already delivering sessions on positive relationships

and highlighting the staying safe aspect of every child matters, this conference will aim to take this work to the next stage.

The DCSF have produced a number of posters and booklets that are freely available to highlight this important issue, they support the forced marriage unit who provides guidance for schools. They may be contacted on 02070081500 or email fmu@fco.gov.uk

The Metropolitan police support the Child Abuse investigation command know as the Azure Project and may be contacted on 02071612888 email scd5mailbox-azure@met.police.uk

More locally we have our own Gloucestershire Public Protection Bureau on 1242 24 7999 or visit intranet/departments/SCIS/GPPB

Look out for more detail in the next edition of Bikesheds or for more information please contact the safeguarding board or Belinda Heaven Consultant for Emotional health and Well-Being on 01452 427318

Motorbike Safety – Di Harrill (AST)

Chris Harrison - Motorbike Safety (Gloucestershire Road Safety)

Chris came to Newent Community School to talk to a year 11 PSHE class about motorbike safety. His presentation covered:

- Training
- Gear
- Safety on the road, including some
- Laws and penalties

The students were engaged from the outset. The 50 minute session was very thought provoking, students asked lots of questions.

After the lesson, some students were asked what they thought:

“It’s really made me think, I should wear more protective clothing when I’ on my moped” (Karl)

“The photographs made me realise how easy it is to seriously injure yourself when travelling at a low speed” (Toby)

“I do want to get a bike, but I won’t until I can afford the correct gear”

Chris also suggested these sites information

www.dangerousgames.co.uk

www.bare-bones.org

For more information or to book Chris Harrison

email: christopher.harrison@gloucestershire.gov.uk

Phone: 01452 427585



Do you want to encourage local child accident prevention activities?

Get your free toolkit for Child Safety Week (21-27 June 2010) and promote it to your colleagues or local agencies and join us and thousands of other safety professionals, childcare and early years practitioners, teachers, healthy schools co-ordinators, health professionals, police and fire colleagues etc throughout the UK in preventing serious accidents happening to the children and families in your area.

The **Child Safety Week toolkit** gives everything you need for organising local activities during Child Safety Week. To get your own pack join our database by going to the ‘join our mailing list’ page of our website www.capt.org.uk/maillinglist. To promote the free toolkit to your colleagues or local agencies give them the link above or if you would like some ready made information to include in your local communications please email pam.prentice@capt.org.uk.

Pam Prentice
Campaigns Manager
Child Accident Prevention Trust
Canterbury Court (1.09)
1-3 Brixton Road
London SW9 6DE
Email: pam.prentice@capt.org.uk
Web: www.capt.org.uk

Carers Week 14th – 20th June 2010



What is your school doing for YOUR young carers?

There are around 1500 children and young people who are caring for a loved one in Gloucestershire and, according to national statistics, as many as 75% of them are not known to be young carers by ANYONE at their school.

Gloucestershire Young Carers, a charity that supports young people with caring responsibilities, is urging schools to take action during Carers Week this year (June 14th – 20th). The average age of a young carer is 12 years old which suggests that secondary schools in particular have a responsibility to support these young people.

A young carer can be caring for any member of their family – 50% of them care for their mother – and the illnesses can vary from disabilities to mental ill health.

Responsibilities at home may mean the young carer will hand homework in late – or not at all, may be experiencing bullying at school over their family circumstances or could be dealing with feelings of anger and other strong emotions. There is a wide range of resources and expert advice available for schools teams and governing bodies and Gloucestershire Young Carers is asking heads, PSHE leads and Pastoral Care leads to put together an action plan for how their school is going to support young carers – during Carers Week and beyond.

The action plan can include:

1. Putting up a display of posters and information about young carers
2. Holding an assembly around young carers' issues
3. Having a PSHE lesson around young carers' issues
4. Carrying out fundraising activities to support services for young carers

5. Adopting/reviewing the school's young carer policy
6. Working towards Healthy Schools Plus accreditation to help young carers in the school

For more information contact the Gloucestershire Young Carers team on info@glosyoungcarers.org.uk or phoning 01452 733060 or by visiting www.glosyoungcarers.org.uk

Further information can be found as follows:

Information about Healthy Schools enhancement model
<http://resources.healthyschools.gov.uk/s/Enhancement>

Carers Strategy- Carers at the heart of 21st century families and communities
www.dh.gov.uk/en/Publicationsandstatistics/Publications/index.htm

Third joint chief inspectors review of arrangements to safeguard children
www.safeguardingchildren.org.uk/Safeguarding-Children

Supporting young carers
www.ofsted.gov.uk/Ofsted-home/Publications-and-research

Your child, your schools, our future
<http://publications.dcsf.gov.uk>

Advice for young carers:
www.youngcarers.net
www.nhs.uk/CarersDirect/young/Pages/Youngcarershome.aspx
www.carersuk.org

Secondary School Energy Project News

The pilot phase with our six secondary schools (Cleeve School, Severn Vale School, Tewkesbury School, Rednock School, Farmors Schools and Stroud High School) draws to a close at Easter time and we will miss the challenges, excitement and achievements it has brought to all those involved. However, I am delighted that this does not see the end of the work. All our pilot schools have well established student teams with ongoing plans for the future (and SWEA is only ever a phone call away if they really need us).

Even better news is that, the successes of this pilot and the achievements of our students and schools have brought about the possibility of offering the support to a further 15 schools through funding from our County Council.

For more information and how to be involved visit SWEA website www.swea.co.uk and see news about our current projects including YEP! and YEP! 2010.

Alternatively visit our international website for the European pilot YEP! www.youngenergyypeople.com

Contact: Rachel Close

E mail: rachel@swea.co.uk

Timetable of activities for StreetGames Gloucester April - July 2010

Please visit www.gloucester.gov.uk/Freetime/SportsDevelopment to download flyer for StreetGames Gloucester Easter holidays and Summer term information for 2010.

This flyer details free multi sports sessions happening across Gloucester from 6th April - 16th July 2010. Session times and sites vary; sessions are aimed at different ages.

All sessions are run by qualified, CRB checked sports coaches. All equipment for activities is provided. Please advise young people to bring a drink with them!

If you would like flyers posted to you please email sports.development@gloucester.gov.uk with your postal address and quantity required.

If you need any more information please do not hesitate to contact me, or a colleague at sports.development@gloucester.gov.uk

Thank you for your help and support
Morgana Lovell

Walk to School Week – 17th - 21st May 2010

Walk to School Week takes place in May each year and this year is no different! During the week pupils (staff and parents!) are encouraged to make a special effort to walk to school as much as they can so that they can feel the benefit of this activity.

Each year has a different theme and this year it is 'Walk Your Way', focussing on how walking to school helps children learn vital skills to help them navigate as they get to know their local area, improving confidence and safety into the bargain.

There are the added benefits of walking helping pupils achieve their sixty active minutes per day and making them more alert and ready to learn when they arrive in school.

For further information please email travplan@gloucestershire.gov.uk





RIGHTS RESPECTING SCHOOL AWARDS

This nationwide award scheme promotes the United Nations Convention on the Rights of the Child as the basis for enhancing teaching, learning, ethos, attitudes and behaviour.

A Rights Respecting School not only teaches about children's and human rights but also models rights and respect in all its relationships: teacher/adults-pupils; pupils- teacher/adults; pupils-pupils.

The Award programme is complementary to the Healthy Schools Award and Eco Schools and can be part of a programme to build a positive school ethos. The Award is open for all schools: nursery, first, primary, middle, secondary and special.

Why RRSA?

- The DCSF have undertaken a 3 year pilot with Dorset, Hampshire, Rochdale, Durham and Bracknell Forest which has shown a positive impact on behaviour, attendance and academic achievement - Bristol started the process last year.
- It sits with a school's duty to promote Community Cohesion.
- Under the UNCRC - article 42, Governments have the duty to inform children and adults about the charter.
- Prevent Strategy - under the broader strategy this can heighten awareness of areas such as domestic abuse, child protection, vice, people trafficking etc.
- It covers 4 areas - Leadership & Management, Knowledge & Understanding of Community, Teaching and Learning & Pupil Participation and runs in much the same way as Healthy Schools with action planning and final assessment visit. Schools can achieve Level 1 or 2 awards; it takes approx 12 months for primary and 18 months for senior schools to achieve each level.

What is happening in Gloucestershire?

Through collaboration between the Health and Wellbeing Team and the Gloucestershire Police we are financing Unicef training and supporting three cluster groups in Brockworth, Stroud and Newent to achieve level one status; the clusters contain a senior school and five primary schools. Training includes one whole day for staff and pupils, two cluster sessions and a celebration event. We are really excited about this project and are looking forward to supporting even more schools in achieving this award in the future.

For more information contact: Jackie Kelly

Email: alcotts@hotmail.co.uk

A Quick Guide to National Healthy Schools Status

In December 2009, we were delighted to be able to celebrate the fact that 96% of Gloucestershire schools had achieved National Healthy School Status. There have been a number of changes to the model since it was first introduced ten years ago. Over the last few years, there has been a succession of national policy initiatives across the Department of Health and Department for Children, Schools and Families which seek to address and improve the health and wellbeing of our children and young people. The model for National Healthy School Status has evolved to reflect this change in emphasis.

Here are answers to some of the Frequently Asked Questions that we are currently being asked.

Our status is running out- what do we do?

The short answer to this question is for your school to engage in either Healthy Schools Enhancement or Healthy Schools Plus.

Under the original model, healthy school status lasted for three years. As many Gloucestershire schools achieved this in 2006 and 2007, they are now looking to renew or revalidate it. However schools are *continually* working to improve the health and wellbeing of their students whether this might be through their anti-bullying work; developing the PSHE curriculum; working to encourage healthy eating habits during school-time; or increasing participation in out-of-school activities. This isn't something that just happens every three years! The model for Healthy Schools has evolved to recognise this. It enables schools to record this work and demonstrate the impact their efforts are having. We are already hearing reports from schools that OFSTED has been impressed by the work they are doing as part of this programme.

Our plaque is now out-of-date: how can we get a new one?

Schools will be issued with a new nameplate for their plaques once they have confirmed that they are still meeting the 41 criteria for National Healthy School Status. These are the same criteria as before in the four strands of Healthy Eating, Physical activity, Emotional Health and Wellbeing and PSHE. Schools do this by completing the on-line Annual Review tool.

To update your school's Annual Review (reaffirming you are meeting the 41 criteria for National Healthy School Status):

1. Go to www.healthyschools.gov.uk
2. Enter your school username and password
3. If you have forgotten your username and password follow the on-line instructions to get a new one issued to you
4. Click on the Annual Review tab at the top of the front page
5. By clicking on each section, and then the pencil icon, you will be able to enter details about your school's practice
6. For some criteria you will be able to cut and paste directly from the Healthy school audit (if this has been completed for your school)
7. Once you have completed all sections, you will be given the option to 'self-validate your annual review'. Clicking this tab will share your annual review with the Local Programme. When we have confirmed you are meeting the criteria, you will receive a new date plaque and letter of confirmation from the National Healthy Schools Team.

Schools will then be reminded to update this on an annual basis to confirm they are continuing to meet the criteria.

What are Healthy Schools Enhancement and Healthy Schools Plus?

These two models are essentially very similar. Both enable schools to target their Healthy Schools work to meet the health-related needs that are most relevant to them and their pupils. All schools in Gloucestershire will be expected to have a focus on targeting healthy weight (i.e. around increasing healthy eating and physical activity). Schools can then select a second area to work on which is relevant to them: e.g. Emotional Health and Wellbeing.

In a nutshell, the process is:

1. Identify an area to focus on

2. Establish a baseline and set targets (Where are we now? What are we trying to achieve?)
3. Plan what you are going to do to reach your target (How are we going to do it?)
4. Do it!
5. Monitor and review (Is it working? Have we achieved it?)

There is an on-line action plan to guide schools through this process. This is called the Health and Wellbeing Improvement Tool (HWIT). To access this, follow the instructions above as for the Annual Review. Once your school is logged onto the website, click on the tab for HWIT.

What is the difference between Healthy Schools Plus and Healthy Schools Enhancement?

Healthy Schools Plus is a programme developed in the South-West, funded by the Department of Health and targeting fifty percent of schools in the region. These schools have been selected on the basis of their having achieved National Healthy School Status and meeting certain deprivation criteria. These schools will receive a small amount of funding to help them target the most needy children and families. Many of the schools who are eligible have already begun their work on HS+. The final cohort will be receiving a letter shortly to let them know they are eligible for this programme and to invite them to attend the training which will be in September 2010.

Healthy Schools Enhancement is the national model. It follows the same process as HS+. The expectation is that for any school to maintain their Healthy School Status, they will need to demonstrate an ongoing commitment to developing healthier behaviours in their children and young people.

What has happened to the ‘old’ National Healthy School Status?

This has not changed. Schools who have not yet achieved National Healthy School Status will continue to work towards demonstrating that they are meeting the same 41 criteria as before.

What support is available to help us with this?

Due to the numbers of schools involved, Gloucestershire has taken a phased approach to recruitment and training for the new model. The final cohort of schools eligible for HS+ will be invited to attend training in the autumn. There will also be training for any other schools that are ready to move onto the enhancement model in the autumn. A letter will be sent out to schools advertising this shortly.

In addition, the Health and Wellbeing Team will be running training on ‘What Does Good Look Like?’ in each of the key areas. Again, this training will take place in the autumn.

As always, the county Health and Wellbeing Team are here to support you with this work. If you have any further questions, please contact Becky Woollett or Lorna Turner on 01452 427367 or email becky.woollett@gloucestershire.gov.uk or lorna.turner@gloucestershire.gov.uk

Are you struggling with the Healthy Schools on-line tools??....Help is at hand!

Many schools in the county are now engaged in either the Healthy Schools Plus or National Healthy School Enhancement Model. As part of this, schools are required to record their work on the two National Healthy School on-line tools.

The Annual Review - an audit to confirm your school is meeting the Healthy School criteria
The Health and Wellbeing Improvement Tool (HWIT) – an interactive action plan to help you record your ongoing work towards improving the Health and Wellbeing of the pupils at your school

Schools who are looking to ‘re-new’ their National Healthy School Status will need to complete the Annual Review in order to receive a new date-plate for their plaque. If you are working on Healthy Schools Plus or enhancement you will need to record your work on the HWIT. We are able to offer a series of twilight sessions in different venues around the county to help you. Please come along to one of these events and log-on to the tools: members of the Health and Wellbeing Team will be on-hand to support you.

The dates and venues are:		
10 th June – HWIT Twilight	4:00pm till 6:00pm	Gloucestershire Launchpad
14 th June- HWIT Twilight	4:00pm till 6:00pm	Cirencester Deerpark School
15 th June - HWIT Twilight	4:00pm till 6:00pm	Lakers School
22 nd June- HWIT Twilight	4:00pm till 6:00pm	Sir Thomas Rich’s School (TBC)

Spaces are limited, to register on one of these events please contact Lorna lorna.turner@gloucestershire.gov.uk with details of your name, school and which event you would like to attend.

KICK for children with Cancer 2010

Who are CLIC Sargent

Every day in the UK, 10 families are given the devastating news that their child has cancer. As the UK's leading children's cancer charity, CLIC Sargent is there with clinical, financial, practical and emotional support.....every step of the way.

Feel free to visit www.clicsargent.org.uk for more information about the charity's work.

What is Kick for Children with Cancer

- KICK for Children with Cancer is a footballing event, targeted at all children and young people.
- The event is an annual event and runs from May to July. People can choose to hold their event at a different time if it's more convenient.
- The event is open to children of all ages and sporting and physical abilities. Organisers can hold any event as long as it involves a football; it can be a penalty shoot out, part of a sports/fun day, skills coaching etc.
- Children are sponsored to take part and there is no minimum level of sponsorship.
- CLIC Sargent provides participants with everything they need to run their event.
- 25% of all monies raised can be kept by the club, group or school.

More information can be found on www.clicsargent.org.uk/football

Cyber-Mentors go live!

Gloucestershire will have its first group of fully-trained cyber-mentors by the end of March 2010. Twenty five young people from: Severn Vale, Beaufort, Deer Park, Chipping Campden School, Newent and Marling School will receive the two days training from the national charity Beat the Bully.

Once the training has taken place and the students are back in their own schools, they will be available on-line during break times in the school day to offer on-line support to fellow students who might be victims of bullying.

If their parents are happy for them to offer their support in out of school hours, then these cyber-mentors will be available on-line to support young

people across the United Kingdom.
For details contact Jeff Price
price607@btinternet.com

New recommendations on school-based interventions to prevent smoking

New guidance 'School-based interventions to prevent the uptake of smoking among children and young people' has just been published by the National Institute for Clinical Excellence. These recommendations are for those who have a direct or in-direct role in, or responsibility for, preventing the uptake of smoking by children and young people. NHS Gloucestershire and Gloucestershire County Council CYP Health & Wellbeing Team will be supporting schools to implement these recommendations over the next year.

Key recommendations include:

- Developing and publicising a whole-school/organisation smokefree policy to include pupils/staff/everyone using the premises
- Integrating information about the harmful effects of tobacco into the wider curriculum
- Delivering interventions that aim to prevent the uptake of smoking as part of PSHE, and activities related to Healthy Schools +/-enhanced
- Consider offering peer-led interventions aimed at preventing the uptake of smoking
- All staff with a remit for supporting the health and wellbeing of children and young people should receive training in tobacco control

The new NICE guidance 'School-based interventions to prevent the uptake of smoking among children and young people' (National Institute for Clinical Excellence, Feb 2010) is available to download on:

http://scsrn.org/policy_guidance.html

For further details contact Kirsty Hulme-Jones
Kirsty.Hulme-Jones@glos.nhs.uk

Primary SEAL

Are you moving on with **SEAL** or maybe you haven't started yet? Don't worry! Whether you've started, started and stopped, are well on your way, or have not started at all, we would like to help you share concerns, ideas, worries, resources or problems!

The **SEAL** resource is an excellent tool, providing a school with an explicit, structured whole school framework and resource for teaching social, emotional and behavioural skills to all children. A whole school approach to be used with classes,

small groups (**Silver SEAL**) and families (**Gold SEAL**).

For those of you who have not yet started or would like a refresher, we run a set of three sessions at The Hucclecote Centre. The sessions form a supported programme to help you embed **SEAL** into your school.

The programme consists of:

Session 1	An Introduction/refresher to the SEAL ethos and resource
Several weeks	For sampling the resources
Session 2	To review the sampling and plan a module of work
Several weeks	To implement the planned module
Session 3	To review the feedback and plan a programme of study for the year

Silver SEAL training is also being planned for the summer term to support you in providing more intensive support for a focused group of pupils and you might like to know more about the

Family SEAL project a course for a focus group of parents and their children!

If you would like more information or a booking for either of the above please contact

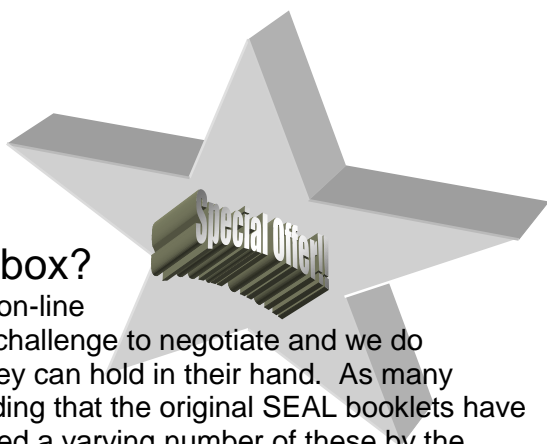
Chris Cartmell
Primary Teaching and Learning, Behaviour, Attendance and SEAL Consultant
The Hucclecote Centre, GL3 3QN
tel: 01452 427291
or email: christine.cartmell@gloucestershire.gov.uk

Resources for Primary SEAL!!!

Are you trying to get hold of a Primary SEAL box?

Whilst all the Primary SEAL resources are available to download on-line <http://nationalstrategies.standards.dcsf.gov.uk>, the site is quite a challenge to negotiate and we do understand that many people prefer to have a real booklet that they can hold in their hand. As many primary schools are looking to re-launch SEAL, often they are finding that the original SEAL booklets have disappeared or the box is incomplete. Schools were each allocated a varying number of these by the DCSF and therefore your school may still be eligible to get a replacement box free of charge. To find out if this applies to you, call the DCSF Publications order line on 0845 60 222 60. We have also been able to acquire enough copies for those schools that need one if they are signed up for the Embedding SEAL programme.

Contact Becky Woollett becky.woollett@gloucestershire.gov.uk



P.A.S.S.

P.A.S.S. assesses 9 core areas around learner self worth, curricular and general motivation, pupil perceptions of their learning environment, task persistence and attendance attitudes.

We have used this for the last three years as our way of monitoring pupil's feelings on not only themselves but to their work and others around them.

The three year online package is easy to access for all pupils and results are sent via a CD; they are very simple to read – even for the most technically disadvantaged!

Each class has a colour coded results sheet (see below) which instantly highlights pupils of concern in their class; incidentally these have not always been the children we expect! This has enabled us to not only target pupils but compare year on year progress in these areas quickly and effectively. The results also look at individual pupils and our whole school cohort.

The three year online package, which includes an annual whole school audit, costs approx £500-£650 per audit, depending on size of primary or £850/audit for secondary schools.

W3-INSIGHTS
Purposeful - Enlightened - Responsive - Progressive

P.A.S.S.
www.pasr-rurvey.co.uk

Pupil Attitudes To Self & School

Use P.A.S.S. to inform timely and strategic intervention to reduce the negative impact of disaffection, low self-regard and related attitudes on attainment, attendance and other key educational performance indicators.

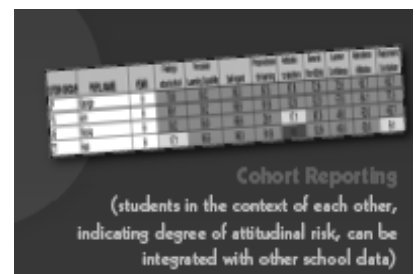
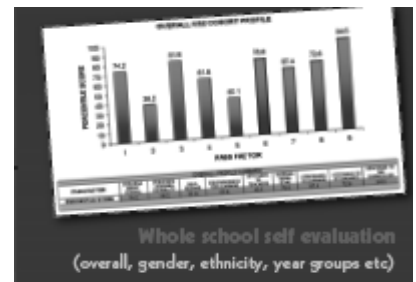
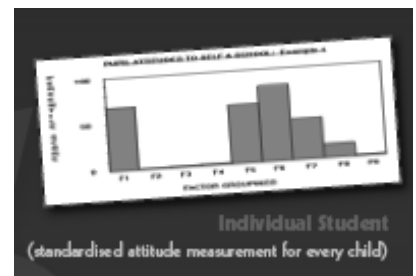
FEATURES/BENEFITS

- Valid & reliable psychometric measurement
- Award-winning methodologies
- Fully ICT enabled solutions
- Easy to use - specialist training unnecessary
- Rapid assessment & reporting
- Usable with individuals, cohorts, whole schools, clusters/regions
- National norms from Foundation-Year 13 (n=250,000)
- Unlimited & unparalleled support
- Context-specific intervention planning accompanying systems

Best Value
Public Sector Project ICT Cluster Award Winner 2005.

Highly Commended
National Research Award, Learning Skills Council, 2002.

*Multi-centred research, used by many leading universities and independently recognised by school improvement teams, SCF, The Welsh Assembly, parent organisations, LA officers, headteachers and engaged by the children themselves!



For further information contact Jackie Kelly alcotts@hotmail.co.uk

Young People and Domestic Abuse - The LINX Programme

**Do you work with young people aged 12-18?
Do you think they may have experienced domestic abuse?
Are they having difficulties managing their own behaviour?
Have they committed a violent offence?
Are they at risk of committing a violent offence?
Are they having problems forming or maintaining positive relationships?
Do they have low self esteem?**



Then Consider Making a Referral to the LINX Programme:

LINX is a twelve-week group work programme for these young people. It runs weekly, in single sex groups, lasting 1.5-2 hrs.

Each week, through fun, flexible, interactive activities, LINX gives young people the opportunity to explore issues that affect their lives. As a result, the programme allows young people to make 'the link' between their experiences, feelings and actions. Making 'the link' can have a positive impact on young people's behaviour.

The Next Groups are:

For Females on Thursdays from 4:30-6:00 at YOS, 48 London Road, Gloucester, GL1 3NZ starting 29th April 2010

For Males on Tuesdays from 4:30-6:00 at CCP Education Centre, Cheltenham starting 27th April 2010

For Male in Gloucester, starting June 2010

We will be running groups in other localities, please continue to make referrals and places will be allocated as soon as possible.

For further information please contact Lorna Wood on 01452 547 540 or by email to lorna.wood@gloucestershire.gov.uk

We are able to come and present to local staff teams, answering questions, providing an insight into the programme and a look at the impact of domestic abuse on children and young people; offer guidance and support with identifying young people and making referrals, we can deliver to existing groups of young people you currently work with and can offer **FREE training** for practitioners, enabling you to be able to deliver the programme to groups of young people.

All referrals should be sent securely to Lorna Wood. I look forward to working with you to support these young people.

New Bereavement Support Pack

Bereavement is something that affects everyone at some stage in their lives. 500 000 people die in England every year. Only one third of the general public discuss death or dying with anyone. This indicates that the subject remains taboo. Around 1 in 29 children and young people in school today know what it is like when a parent or sibling dies – because it has happened to them. Others have faced the death of someone else important such as a grandparent or teacher, and about 1 in 16 have had a friend who has died, (Child Bereavement Network 2010)

The Health & Wellbeing Team have collaborated with a number of other agencies, including Samaritans to update the bereavement pack for schools. The new pack contains additional information as well as suggested lesson plans and a more books to add to your library resources.

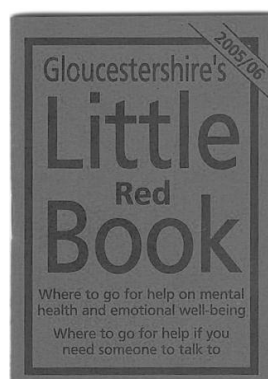
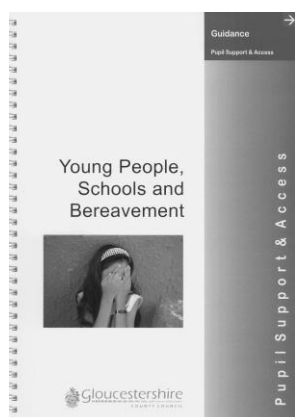
The Child Bereavement Network which is part of the National Children's Bureau has highlighted the importance of support for young people pre-bereavement. The National Council for Palliative Care recognises the need to talk about death and dying.

"we're unbelievably good at coping when we get help"

(bereaved young person)

The new pack acknowledges cultural differences and also tackles the sensitive subject of suicide. Recent research from Childline indicates that 15 young people will take their own lives. Winston's Wish has completed some work with families where the bereavement is through murder and they have made some recommendations for schools and other settings on how this might be handled in order to ensure the young person has the best support possible during an extremely difficult time.

A Training package has been developed and is available to schools as part of their INSET or a twilight for information on this please contact Belinda Heaven on 01452 427318 or email Belinda.heaven@gloucestershire.gov.uk



To support the development of this publication, which has been funded by the School Workforce Development Team, a one day course '**Bereavement and Chronic Sorrow**' will be available to Parent Support Advisers and support staff who undertake a pastoral role in schools. For details of available dates please log onto the school workforce website pages on Schools net

www.gloucestershire.gov.uk/schoolsnet/cpd . The course is fully funded and will be delivered by Belinda Heaven Lead for Emotional Health Children & Young People's Health & Wellbeing Team and Heather Danson from Samaritans.

GO-GIVERS



Funded by the Cabinet Office, the Citizenship Foundation website Go-Givers helps primary age children explore the issues they face in local, national and global settings and to understand what it means to be part of a caring society.

Go-Givers aims say that it has been 'developed in the belief that our children's education should have its basis in a philosophy of personal responsibility, mutual respect and concern for the world we live in' but more importantly it contains the most fantastic **FREE** resources including Key Stage 1 & 2 lesson plans, which include PowerPoint's, resources and assembly plans. It also has parent and pupil zones.

As if that is not enough it also has an incredible 'Nifty Gear' section containing interactive resources which can be used for any curriculum area.

This site really is a find – hope you enjoy using it too!

www.gogivers.org

Jackie Kelly
Healthy Lifestyles Consultant Teacher
Email – alcotts@hotmail.co.uk

Crown Prosecution Service

Citizen Project

Gloucestershire Crown Prosecution Service has developed two one-hour lessons that could form part of a schools' KS3 Citizenship curriculum.

What happens in the lessons?

The lessons have been designed to be fully interactive, involving the use of audio CD, DVD, visual imagery and even a graffiti wall. They can be delivered by members of the CPS or by teachers. In the first session students learn about the CPS and its role within the Criminal Justice System, what happens in court, and the special measures available in the courtroom to support them should they ever be a victim or witness of crime. Students take part in a scripted mock trial where they find out who does what in the court room.



Year 8 students at Thomas Keble School taking part in the mock trial.

During the second lesson students take on the role of a CPS prosecutor. They are given a full case file and have to make a decision on whether or not to take the case to court based on the available evidence.

Issues around democracy, justice, rights and identities and diversity are covered. And processes of critical thinking, advocacy and representation are covered.

A number of schools in Gloucestershire have already benefited from these visits and feedback from students involved has been excellent. If your school would like to become involved in this project or find out how the CPS can support your work in Citizenship, please contact Jane Gibney at the Crown Prosecution Service.

Jane.Gibney@cps.gsi.gov.uk

Food miles!

**SUSTAINABLE SCHOOLS
FREE WORKSHOP FOR CHILDREN AND STAFF!**

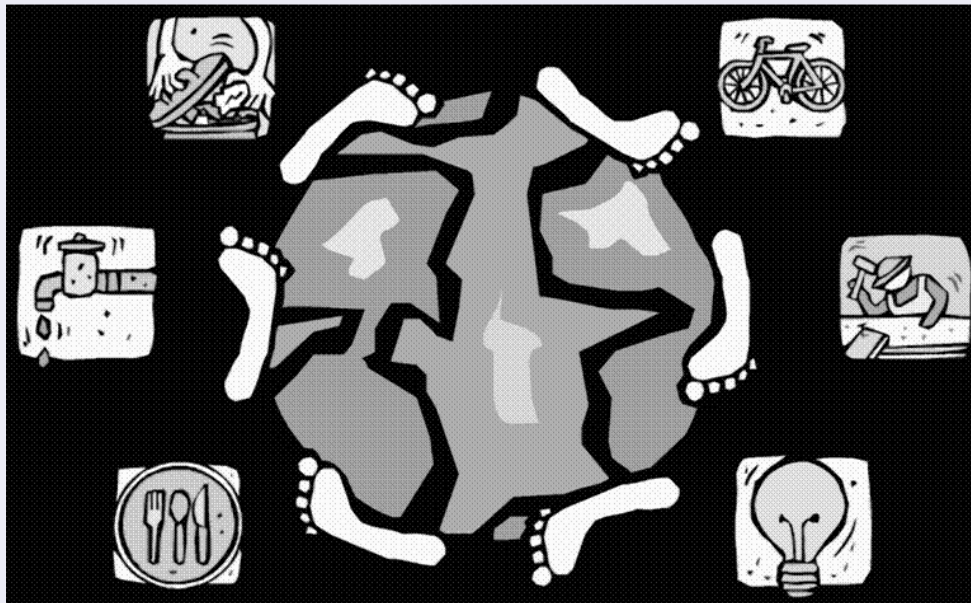
**WED 5TH MAY, 9.30–12.00
HUCCLECOTE RUGBY CLUB**

packaging!

healthy eating!

How we can teach children about the relationship between sustainability and what we eat and drink?

Schools are invited to send up to four children and one adult to attend this workshop which will look at practical ways to enable children to teach each other about these issues.



How does the food we eat affect the planet?

A morning of hands-on activities looking at food and drink as a way to explore the global issue of climate change, the choices people can make and action that can be taken.

This session is aimed at Primary-aged children who can be accompanied by any adult who will be able to support them with following this up in school.

For further details please contact becky.woollett@gloucestershire.gov.uk or polly.blake@gloucestershire.gov.uk



Websites worth a look!!

www.gloucestershire.gov.uk/schoolsnet/index.cfm?articleid=22254

www.wearewhatwedo.org

www.rosestheatre.org

www.nationwideeducation.co.uk

List of forthcoming training events Summer 2010

Future dates for your diary – for information only. Further details will be sent out nearer the dates.

Date	Time	Details	Venue
26/04/10	9.00-4.00	Level 3 Screening Training	The Hucclecote Centre
17/05/10	9.00-12.30	Men2Boyz	The Hucclecote Centre
19/05/10	4.30-6.00	Twilight Introductory SEAL meeting	The Hucclecote Centre
24/05/10	4.30-6.00	Primary Family SEAL Twilight	The Hucclecote Centre
07 & 08/06/10	9.00-4.30	Mental Health First Aid (2 day course)	Whitecross School
09/06/10	9.00-12.30	Sex Education and Relationships Course	St Peter's High School
10/06/10	4.00-6.00	Healthy Schools and Online Tools Training	Gloucestershire Launchpad
14/06/10	4.00-6.00	Healthy Schools and Online Tools Training	Cirencester Deerpark School
14/06/10	9.00-4.30	Substance Misuse Training	Hester's Way Resource Centre
15/06/10	4.00-6.00	Healthy Schools and Online Tools Training	Lakers School
18/06/10	9.00-3.00	Human Givens	The Hucclecote Centre
22/06/10	4.00-6.00	Healthy Schools and Online Tools Training	TBC
23/06/10	9.00-4.30	Substance Misuse Training	Hester's Way Resource Centre
24/06/10	9.15-3.30	Primary PSHE and Citizenship Conference	The Hucclecote Centre
01/07/10	9.15-3.30	Peer Mediation	The Hucclecote Centre
01/07/10	4.30-6.00	Introduction to SEAL Twilight	The Hucclecote Centre
09/07/10	9.00-4.00	Secondary Annual Conference	The Hucclecote Centre
14/07/10	9.00-4.30	Substance Misuse Training	Hester's Way Resource Centre

If you are interested in attending any Substance Misuse Training please contact Ruth Miniphy 01452 425450 for more information.

Health and Wellbeing Team contacts

Jan Courtney Health and Wellbeing Team Joint Manager	Email jan.courtney@gloucestershire.gov.uk 01452 427354
Kirsty Pritchard Health and Wellbeing Team Joint Manager	Email kirsty.pritchard@gloucestershire.gov.uk 01452 427302
Becky Woollett Healthy Lifestyles – Lead for Healthy Schools	Email becky.woollett@gloucestershire.gov.uk 01452 427301
Belinda Heaven Healthy Lifestyles – Emotional Health and Wellbeing	Email belinda.heaven@gloucestershire.gov.uk 01452 427318
Liam Kernan Healthy Lifestyles – Sex & Relationships	Email liam.kernan@gloucestershire.gov.uk 01452 427197
Tony France Healthy Lifestyles – Substance Misuse	Email tony.france@gloucestershire.gov.uk 07887 516467
Maria Keitch Healthy Lifestyles – Planning and Development	Email maria.keitch@gloucestershire.gov.uk 01452 425086
James Curtis Health Improvement facilitator/shape up for success/nutritional analysis	Email james.curtis@gloucestershire.gov.uk 01452 427235
Adel Elsbury Health and Wellbeing Admin Team Leader	Email adel.elsbury@gloucestershire.gov.uk 01452 427100
Ruth Miniphy Health and Wellbeing Administrator	Email ruth.miniphy@gloucestershire.gov.uk 01452 425450
Lorna Turner Health and Wellbeing Administrator	Email lorna.tuner@gloucestershire.gov.uk 01452 427367
Lindsay Fairley Health and Wellbeing Administrator	Email lindsay.fairley@gloucestershire.gov.uk 01452 427906

Hazel Millar
Head of Health Improvement (Line Manager HWBT)

Email hazel.millar@glos.nhs.uk
08454 221764

Stop Press

Online Pupil Survey 2010

A huge 'Thank You' to all the Schools who have taken part in this County-Wide survey. So far there have been over 19 000 log-ins. The deadline to complete the survey is 23rd April 2010, if you haven't yet completed please contact Maria Keitch, email: maria.keitch@gloucestershire.gov.uk
We hope to have the data cleared and log-in details sent out to schools by the end of June.

